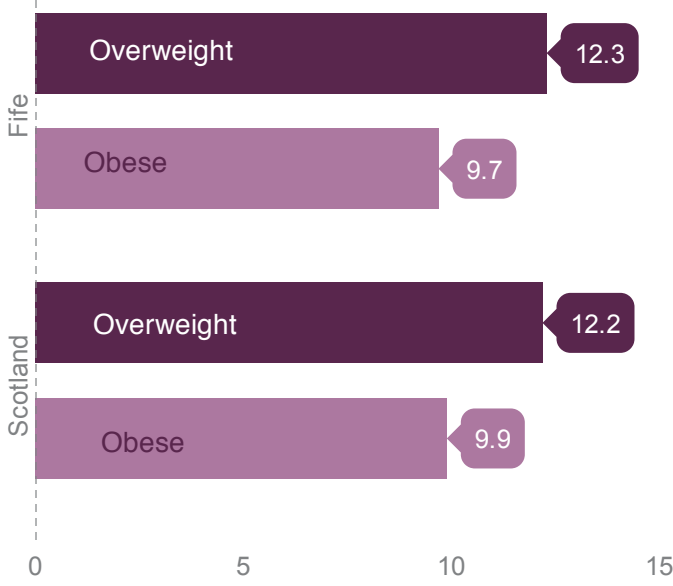


Do you KnowFife?

Sharing data & information across the Fife Partnership



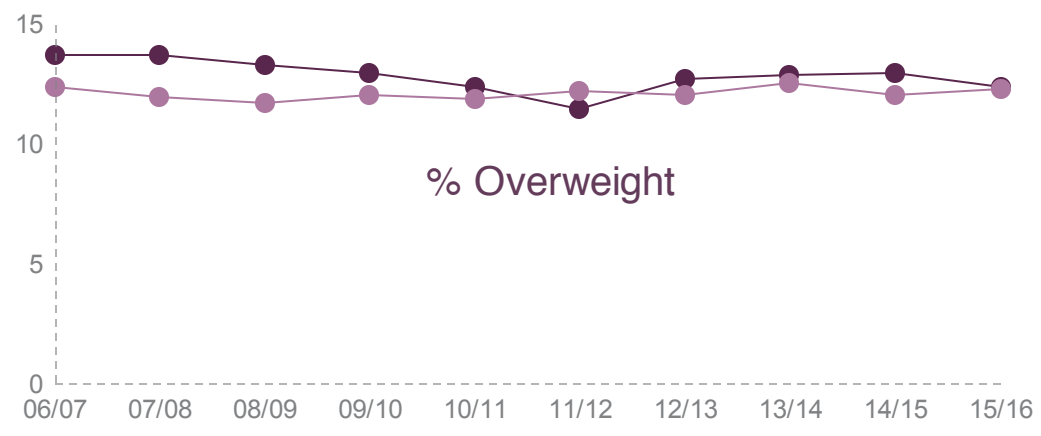
Persistent trend of Fife children exceeding healthy weight



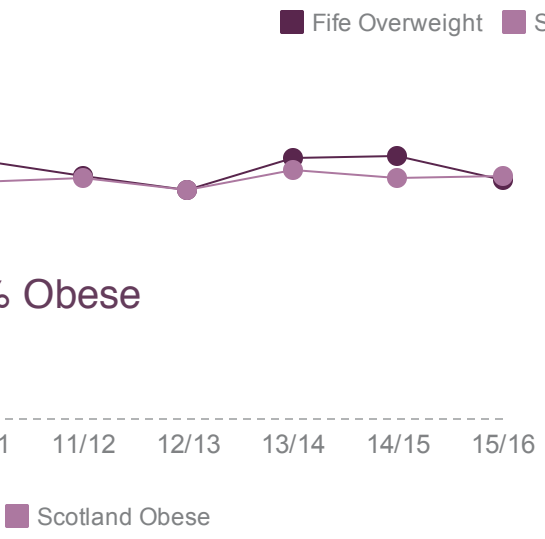
22% of P1 children in Fife had a Body Mass Index which placed them in the overweight and obese combined category. For Scotland this figure was 22.1%.

Charts 1 and 2 below show the ten year trend for the proportion of P1 children overweight and the proportion of P1 children obese in Fife compared to Scotland.

The proportion of children overweight in Fife was lower in 2015/16 (12.3%) than ten years previously in 2006/7 (13.6%) but figures have fluctuated during this time period.



The proportion of children obese in Fife was lower in 2015/16 (11.9%) than ten years previously in 2006/7 (9.7%) but figures have fluctuated during this time period.



The proportion of children obese in Fife was lower in 2015/16 (11.9%) than ten years previously in 2006/7 (9.7%) but figures have fluctuated during this time period.

Produced by NHS Fife by Public Health Department in association with KnowFife Partnership Hub using 2015/16 CHSP-School P1 Body Mass Index Data (epidemiological categories)

Differences across Fife HSCP Localities:

	% overweight	% obese
Levenmouth	12.6	12.3
Dunfermline	9.8	9.3
Glenrothes	13.2	9.8
SW Fife	12.7	10.8
Kirkcaldy	12.0	8.5
Cowdenbeath	15.3	9.0
NE Fife	11.6	9.7
Fife	12.3	9.7

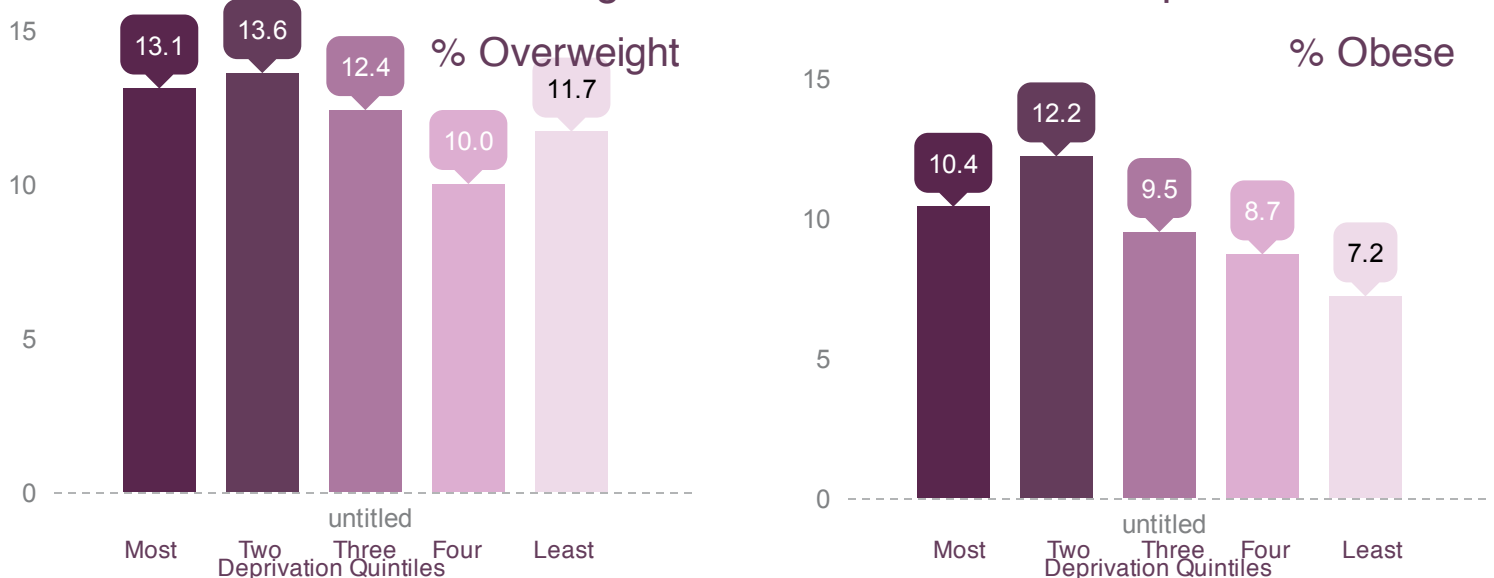
Cowdenbeath had the highest proportion of children categorised as overweight and Dunfermline the lowest.

Levels of obesity were highest in children in Levenmouth and lowest in Cowdenbeath.

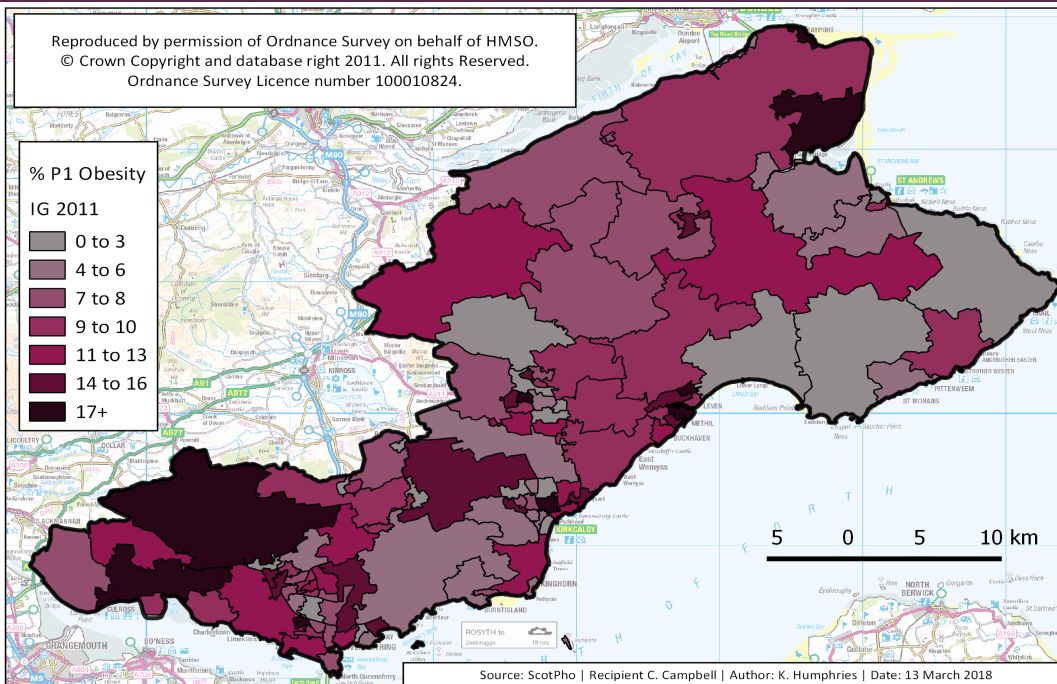
For the combined category of overweight and obese Levenmouth had the highest proportion (24.9%) and Dunfermline the lowest (19.1%).

Differences across Deprivation Quintiles:

A clear inequality gradient was not seen in the proportion of children overweight or obese with highest levels being seen in the second most deprived areas.



Differences across Fife:



The proportion of children obese across the 104 interzones in Fife ranges from none to over 17%.